

## Wild Africa Experiences - Best DAM Trail

Sat 12th Sept		Avalon River Estate		
Distance	StartTime	FirstName	LastName	Timing
12km - 07h30	07:30	Deona	Allan	01:44
8km - 07h45	07:45	Maria	Aloisi	01:58
8km - 07h45	07:45	Leonard	Armstrong	01:26
8km - 07h45	07:45	Lynne	Armstrong	01:42
12km - 07h15	07:15	Robert	Armstrong	01:32
8km - 07h45	07:45	Shayna	Armstrong	01:22
12km - 07h30	07:30	Liesl	Baben	NS
8km - 08h15	08:15	Tanya	Baird	Time recorded
12km - 07h00	07:00	David	Baird	01:20
8km - 07h45	07:45	Leoni	Bann	Time recorded
5km - 08h30	08:30	Brigitte	Barrett	NS
5km - 08h30	08:30	Karen	Beckley	Time recorded
12km - 07h30	07:30	William	Bester	01:31
12km - 07h00	07:00	Karin	Bezuidenhou	01:53
12km - 07h30	07:30	Lisa	Bontekoning	01:19
8km - 07h45	07:45	Rykie	Boonzaaier	NS
12km - 07h00	07:00	Stephanie	Booyesen	01:22
12km - 07h00	07:00	Stefan	Boshoff	01:04
12km - 07h15	07:15	Sue	Botha	01:38
Time Slot Dis	07:30	Taryn	Botha	01:57
12km - 07h15	07:15	Burger	Bothma	NS
12km - 07h30	07:30	Stephen	Bray	01:57
5km - 08h30	08:30	Lyndy	Bray	Time recorded
8km - 07h45	07:45	Christian	Calitz	01:06
12km - 07h30	07:30	Roger	Carbonell	01:50
Time Slot Dis	07:45	Louise	Claassen	02:11
Time Slot Dis	07:30	Rae	Clerihew	01:21
12km - 07h15	07:15	Leandi	Coetzee	NS
Time Slot Dis	07:30	Natasha	Corlett	01:58
12km - 07h15	07:15	Clifford	Correia	01:42
12km - 07h15	07:15	Sonia	Correia	01:42
5km - 08h30	08:30	Wendy	Cox	01:10
12km - 07h30	07:30	Geoffrey	Craig	01:29
12km - 07h15	07:15	Ian	Craig	Time recorded
12km - 07h30	07:30	Tammy	Craig	01:20
Time Slot Dis	07:15	Paul	Cumming	01:11
8km - 07h45	07:45	Jo-Anne	Curnow	01:22
5km - 08h30	08:30	Brett	Dace	00:37
8km - 07h45	07:45	Christie	De Bruin	01:32
12km - 07h15	07:15	Jacques	De Lange	01:07
8km - 07h45	07:45	Lorca	De Lemos Vi	01:32

Time Slot Dis	08:00	Andre	De Villiers	01:05
Time Slot Dis	08:30	Hugo	du Plessis	01:36
12km - 07h15	07:15	Narissa	Duvenhage	01:42
<b>8km - 08h00</b>	<b>08:00</b>	Zureida	Ebrahim	01:37
8km - 08h15	08:15	Yvette	Ellis	02:15
8km - 08h00	08:00	Michael Jame	Eloff	01:36
8km - 08h00	08:00	Deborah	Fenton	02:15
12km - 07h15	07:15	Leonard	Fernandez	01:36
8km - 08h15	08:15	Kim	Foster	01:42
12km - 07h00	07:00	Yvonne	Fraser	01:48
12km - 07h30	07:30	Eleni	Giannakopou	NS
8km - 08h00	08:00	Jade	Giaretti	01:57
5km - 08h30	08:30	Sasha-Jade	Glodek	ime recorded
12km - 07h30	07:30	Christine	Gordon-Benn	01:44
12km - 07h30	07:30	John	Gordon-Benn	01:44
12km - 07h00	07:00	Henk	Gouws	01:31
12km - 07h30	07:30	Luzanne	Grace	01:20
Time Slot Dis	08:30	Heike	Grant-Just	01:10
5km - 08h30	08:30	Mark	Greenland	ime recorded
12km - 07h30	07:30	Charl	Greyvensteyr	02:06
Time Slot Dis	07:30	Jude	Griffin	01:58
12km - 07h30	07:30	Ross	Griffiths	01:36
5km - 08h30	08:30	Martiens	Grobler	01:07
12km - 07h00	07:00	Naftileen	Grobler	01:35
12km - 07h00	07:00	Samuel	Grobler	01:04
12km - 07h00	07:00	Jaco	Grobler	01:38
12km - 07h00	07:00	Barbara	Grobler	01:38
12km - 07h00	07:00	Zita-man	Grobler	01:51
12km - 07h00	07:00	Nelia	Grobler	01:35
12km - 07h00	07:00	Carien	Groenewald	01:54
5km - 08h30	08:30	Craig	Harmse	01:15
5km - 08h30	08:30	Natalie	Harmse	0:52:00
5km - 08h30	08:30	Daniel	Healey	ime recorded
5km - 08h30	08:30	Tanya	Healey	ime recorded
12km - 07h00	07:00	Gerard	Heath	01:18
5km - 08h30	08:30	Hardus	Heymans	ime recorded
8km - 08h15	08:15	Linda	Heymans	01:31
12km - 07h15	07:15	Rudolph	Heymans	01:22
<b>Time Slot Di</b>	<b>08:00</b>	Juliane	Hiesgen	02:09
5km H Batch	08:45	Anke	Hills	ime recorded
Time Slot Dis	08:45	Janicke	Hills	01:28
8km - 07h45	07:45	Ricky	Hodgson	00:59
12km - 07h30	07:30	Clint	Holing	NS
5km - 08h30	08:30	Rupert	Hougaard	00:51
8km - 08h00	08:00	Natalie	Hufkie	02:09
8km - 08h15	08:15	Duncan	Irvine	01:17
8km - 08h00	08:00	Yolanda	Jordaan	01:33

<b>8km - 08h00</b>	<b>08:00</b>	Carmel	Joseph	01:36
<b>8km</b>	07:00	Eppo	Joubert	01:18
12km - 07h00	07:00	Hannie	Joubert	01:18
5km - 08h30	08:30	Brian	Keeson	00:38
<b>12km - 07h15</b>	<b>07:15</b>	Gareth	Kemp	01:37
8km - 07h45	07:45	Claire	King	01:33
Time Slot Dis	08:30	Jo	Klinck	01:07
12km - 07h30	07:30	Rouwaan	Koert	01:30
8km - 08h00	08:00	Anne-Marie	Le Roux	02:15
12km - 07h30	07:30	Tessa	Lefrere	01:25
12km - 07h15	07:15	Geoff	Linnell	01:33
12km - 07h30	07:30	Val	Liversage	01:27
12km - 07h00	07:00	Kevin	Lomax	01:24
5km - 08h30	08:30	Kelinke	Lombaard	ime recorded
5km - 08h30	08:30	Anneke	Lombaard	ime recorded
8km - 08h15	08:15	Christell	Lombaard	01:31
5km - 08h30	08:30	Loutjie	Lombaard	00:36
8km - 08h00	08:00	Hannes	Lombard	01:35
8km - 08h15	08:15	Madeline	Maree	01:48
12km - 07h00	07:00	Rina	Maree	01:31
5km - 08h30	08:30	Anke	Mccallum	ime recorded
12km - 07h15	07:15	Robert	Mckie	01:32
12km - 07h30	07:30	Masaebata P	Melene	01:49
12km - 07h30	07:30	Kevin	Mill	01:30
5km - 08h30	08:30	Evelyn	Mitchell	00:51
5km - 08h30	08:30	Richard	Mons	01:15
12km - 07h30	07:30	Ian	Morrison	01:07
12km - 07h15	07:15	Kirsten	Morrison	01:31
12km - 07h30	07:30	Paulina	Munsamy	NS
8km - 08h15	08:15	Kaveshnee	Naicker	01:35
8km - 08h15	08:15	Sodhiesiven	Naicker	01:40
12km - 07h00	07:00	Peter	Nash	01:37
12km - 07h00	07:00	Hendrik	Naude	01:53
12km - 07h30	07:30	Anastacia	Nel	01:44
12km - 07h15	07:15	Duane	Newman	01:32
12km - 07h15	07:15	Sharon	Newman	01:36
12km - 07h15	07:15	Magda	Nieuwoudt	01:12
5km - 08h30	08:30	Liza	Oosthuizen	00:54
12km - 07h00	07:00	Fabio	Passarelli	01:11
8km - 08h15	08:15	Michelle	Pearl	ime recorded
8km - 08h00	08:00	Ria	Pieterse	01:43
Amended to	<b>07:15</b>	Renato	Potgieter	01:39
Amended to	<b>07:15</b>	Lynelle	Potgieter	01:59
Time Slot Dis	08:00	Christine	Pratley	01:19
Time Slot Dis	08:00	Charles	Pratley	01:18
8km - 08h00	08:00	Wynand	Pretorius	ime recorded
12km - 07h15	07:15	Martinette	Pretorius	01:37

12km - 07h15	07:15	Stefan	Pretorius	01:37
8km	07:30	Carmen	Prinsloo	01:50
Time Slot Dis	08:15	Melanie	Prinsloo	01:15
8km - 07h45	07:45	Quinton	Quait	01:51
8km - 07h45	07:45	Helen	Quait	01:50
12km - 07h30	07:30	Chris	Reed	01:28
Time Slot Dis	07:45	Paula	Robert	01:35
8km - 08h15	08:15	Nicci	Robertson	01:17
12km - 07h00	07:00	Kemprakash	Rooplall	01:51
12km - 07h15	07:15	Elrisia	Roux	01:51
5km H Batch	08:45	Katelyn	Scheepers	ime recorded
Time Slot Dis	08:45	Lily-Rose	Scheepers	ime recorded
Time Slot Dis	08:45	quintin	Scheepers	01:28
12km - 07h00	07:00	Carin	Scholtz	01:30
12km - 07h00	07:00	Rudi	Scholtz	ime recorded
5km - 08h30	08:30	Charmain	Senekal	ime recorded
12km - 07h00	07:00	Lizelle	Serfontein	01:31
12km - 07h30	07:30	Jo	Sfarnas	01:45
8km - 07h45	07:45	Nick	Sfarnas	02:09
12km - 07h15	07:15	Diane	Shearer	01:22
Time Slot Dis	07:30	Michelle	Singleton	01:34
5km - 08h30	08:30	Elodie	Smith	01:31
5km - 08h30	08:30	Pieter	Smith	01:27
8km - 08h00	08:00	Leandre	Spies	01:43
Time Slot Dis	08:00	Marc	Stewardson	01:18
12km - 07h15	07:15	Sandri	Swanepoel	01:24
8km - 07h45	07:45	Colette	Taylor	ime recorded
12km - 07h30	07:30	Jennifer	Taylor	02:19
8km - 07h45	07:45	Sunette	Terblanche	01:36
8km	07:00	Shirleen	Theisinger	01:19
12km - 07h15	07:15	Meyer	Theunissen	01:20
12km - 07h00	07:00	Carmen	Tissang	ime recorded
12km - 07h00	07:00	Dudley	Turner	01:11
8km - 07h45	07:45	Christopher	Van Aardt	NS
12km - 07h30	07:30	Elzabe	Van Den Hee	01:12
Time Slot Dis	08:15	Linda	van der Colff	01:15
12km - 07h00	07:00	Nelia	Van Der Walt	01:58
8km - 07h45	07:45	Shannon	Van Devente	01:55
8km - 07h45	07:45	Henry	Van Devente	01:55
12km - 07h30	07:30	Amorie	Van Greunen	01:50
12km - 07h15	07:15	Drikus	Van Heerden	01:42
12km - 07h30	07:30	Celia	Van Niekerk	02:06
5km - 08h30	08:30	Deane	Van Rooyen	01:07
5km - 08h30	08:30	Maggie	Van Rooyen	01:07
8km - 07h45	07:45	Lisi	Van Zyl	01:55
8km - 08h00	08:00	Mark	Vd Watt	01:37
8km - 08h00	08:00	Bobby	Vd Watt	01:39

8km - 07h45	07:45	Judy	Vd Westhuizen	01:55
12km - 07h30	07:30	Dirk	Venter	01:24
8km - 07h45	07:45	Elsabe	Venter	01:24
Time Slot Dis	08:00	Jacques	Visser	01:23
12km - 07h15	07:15	Marleze	Vos	01:24
<b>5km H Batch</b>	<b>08:45</b>	Jeanine	Wallace	Time recorded
12km - 07h00	07:00	Sean	Ward	01:33
12km - 07h30	07:30	Nicolle	Weir	Time recorded
<b>5km H Batch</b>	<b>08:45</b>	Estelle	Whitby	NS
12km - 07h30	07:30	Cailin	Whyte	01:29
5km - 08h30	08:30	Mathilda	Williams	01:29
12km - 07h30	07:30	Grant	Williams	01:12
<b>5km H Batch</b>	<b>08:45</b>	Lourens	Wolfaardt	01:23
<b>5km H Batch</b>	<b>08:45</b>	Natasha	Wolfaardt	01:23
8km - 07h45	07:45	Charmaine	Wright	01:28
8km - 07h45	07:45	Clive	Wright	01:28
12km - 07h15	07:15	Dieter	Zermatten	01:22
<b>12km - 07h15</b>	<b>07:15</b>	Samantha	Zermatten	01:45
8km - 07h45	07:45	Anrich	Zimmermann	00:47
12km - 07h00	07:00	Dietrich	Zimmermann	01:11