

Wild Africa Experiences

Running with Kings Trail

Lion and Safari Park Sat 28th Jan 23

First Name	Last Name	Distance km's	Time
Courtney	Abrahams	8	02:02
Esmeralda	Abrahams	8	02:02
Ronwyn	Abrahams	8	02:02
Candice	Africa	15	02:07
MERLYN	ALEXANDER	15	01:45
Jessica	Allen	15	01:40
Andrew	Armstrong	15	02:01
Lizle	Austin	20	02:26
Julia	Baker	5	01:15
Alex	Barker	8	00:58
Leisha	Boshoff	15	02:05
Nicole	Boshoff	8	01:13
Kim	Botha	8	01:23
Alta-Marie	Botha-Diedericks	15	02:04
Henry	Boyce	5	01:20
Michelle	Boyce	5	01:20
Audine	Brooks	5	00:50
Diana	Coetzee	8	01:30
Lizia	Coetzee	15	02:00
Natasha	Davison	5	00:45
Warren	Davison	5	00:45
Karen	de Meillon	5	01:00
Emma-louise	Dean	15	01:49
Nita	Denny	8	02:01
Douglas	Desmond	15	01:37
Lynette	Diedericks	15	02:04
Zanya	du Plessis	5	01:08
Sarah	Ebben	8	01:22
Monica	Ellison	8	01:03
Mareli	Erasmus	5	00:49
Pieter	Erasmus	5	00:49
Ada	Evans	15	01:58
Adam	Fillmore	8	00:54
Cherize	Fillmore	5	00:39
Estey	Fourie	15	01:49
Claire	Gebhardt	20	02:37
Paul	Gebhardt	20	02:37
Dean	Gee	5	01:03
Jacqui	Gogele	8	01:09
Amanda	Gelgenhuys	15	02:13
Kerry	Goveia	15	01:55
Marius	Hermann	5	01:09

Deana	Heslop-Mthembu	8	01:41
Zweli	Heslop-Mthembu	8	01:41
Suzanne	Holden	15	02:48
Victoria	Hulley	20	02:01
Linton	Hutton	8	00:50
Colin	Isherwood	8	01:07
Emmie	Janse Van Vuuren	15	02:00
Suzanne	Jansen van Rensburg	5	01:08
Berlinda	Jeffrey	8	01:08
JOHN	Jeffrey	8	01:08
Philile	Jiyane	20	02:13
Claire	King	8	01:10
Jennifer	Kipling	15	01:58
Ryan	Kobus	8	00:57
Letha	Kotze	8	01:45
Jessica	Lala	8	01:45
Leon	Limper	20	01:55
Ruska	Limper	8	01:06
Nicole	Lourens	5	01:14
Mariet	Louw	8	01:45
Shumani	Maano	15	02:18
Alet	Maartens	15	02:35
Joseph	Maartens	15	02:35
Jenna	Malcolm	8	00:51
Lauren	Malcolm	5	00:39
Vanessa	Marx	5	01:10
Tevyn	Matthysen	8	01:21
David	McAra	5	01:16
Juliet	McAra	5	01:16
Robert	McKie	15	01:50
Masabatha	Melene	15	02:07
Tinashe	Mhazo	8	01:35
Sikelela	Mhlanga	8	00:49
Elena	Miles	5	01:03
Sameshni	Moodley	15	02:07
Sodhie	Naicker	8	01:14
Janka	Niebuhr	20	02:37
SIPHO	Nukeri	15	01:02
Gaelebale	Nzama	5	02:10
Debbie	O'Leary	8	00:52
NICOLE	PAYNE	8	01:04
Sandra	Pieters	5	00:53
Babalwa	Pietersen	20	02:31
Liz	Pinnock	15	02:31
Trevor	Pomeroy	5	01:30
Yvonne	Prinsloo	8	00:53
Quinton	Quait	8	02:01
Jenny	Quintal	8	01:18

Anne	Reynolds	15	02:48
Angela	Rogers	15	02:15
Stephen	Rogers	5	00:50
Melanie	Saywood	8	01:04
Tracey	Saywood	8	01:04
Claire	Senior	15	03:00
Jane	Senior	8	01:00
Michelle	Senior	15	03:00
Paul	Senior	15	03:00
Jo	Sfarnas	8	01:23
PATRICIA	SHAW	15	02:48
DAVID	SINCLAIR	15	01:53
Alicja	Richards	8	01:38
Elmi	Smith	8	01:41
Elodie	Smith	5	01:05
Pieter	Smith	5	01:05
Willeke	Richards	8	01:41
Lauren May	Sol	8	00:56
Andrea	Soll	5	01:00
Dana	Spies	8	01:19
Leon	Spies	15	01:46
Pieter	Steyn	15	01:57
Aaron	Swanepoel	8	00:55
Kobus	Theron	15	01:10
Ronel	Theron	8	01:17
Angie	Thompson	5	00:38
Jeanie	Van Der Merwe	5	00:40
Lanti	van der Merwe	8	01:45
Margaret	Van Rensburg	8	01:20
Judy	Vanderwagen	20	02:26
Dirk	Venter	15	01:37
Jacques	Viljoen	15	01:26
Yvette	Vos	5	01:09
Linda	Watson	8	01:02
Linda	Whielers	15	01:49
Adam	Whyte	20	02:13
Richard	Wicht	8	00:57
Caitlin	Williams	15	01:49
Sharon	Winter	8	01:30
Samantha	Winterbottom	8	01:25
AJ	Wolmarans	5	01:14
Grant	Wood	5	01:15
Rene	Ackerman	8	01:32
Deon	Ackerman	8	01:32